YMCA COLLEGE OF PHYSICAL EDUCATION

Members Present Academic Council Meeting

Date: 27.06.2018 Time:03.00 p.m. Venue: College Conference Hall

S.NO	NAME	DESIGNATION	SIGNATURE
1	Dr.George Abraham	Principal&Chairman Academic Council	# 97
2	Dr.K.Jothi	Associate Prof	John
3	Dr.S.Johnson Premkumar	Asst.Prof	5. An
4	Dr.J.Jackson Sutharsingh	Asst.Prof	Felipsody
5	Dr.Glory Darling Margaret	Asst.Prof	A THE
6	Dr.S.Abraham Davidson	Asst.Prof	S.A.ol

Date: 27.06.2018

Time:03.00 p.m.

Venue: College Conference Hall

Special Invitees

S.NO	NAME & DESIGNATION	EXPERTS	SIGNATURE
1	Mr.Koshy Mathew Correspondent & Secretary YMCA College of Physical Education, Chennai-35	Special Invitee	Olive
2	Mr.Paulson Thomas Administrative Officer YMCA College of Physical Education, Chennai-35	Special Invitee	(Johns)

EXPERTS – ATTENDED BOARD OF STUDIES MEETING

Date: 27.06.2018

Time:03.00 p.m. Venue: College Conference Hall

S.NO	NAME & DESIGNATION	EXPERTS	SIGNATURE
1	Dr. S.Thirumalai Kumar, Professor and Head, Department of Physical Education, TNPESU, Chennai-127	University Nominee	Shimhu
2	Dr. Shahin Ahamed, Professor and Head, Department of Sports Management and Sports Psychology & Sociology, TNPESU, Chennai-127.	University Nominee	Il. W
3	Dr. R.Ramakrishnan, Professor, Department of Advanced Sports Training & Technology, TNPESU, Chennai-127.	University Nominee	
4	Dr.Praveena Lionel Pediatrician, Isabella Hospital, Chennai	Doctor	Course
5	Mr.T.A.Santhosh Kumar, CA,Chennai-35.	Charted Accountant	Samm
6	Adv.James ThilagaRaj, Advocate, High Court, Chennai.	Advocate	

YMCA COLLEGE OF PHYSICAL EDUCATION, NANDANAM, CHENNAI-35

Minutes of the Academic Council meeting held on 27.06.2018

Minutes of Academic Council meeting held at 3.30 pm on 27th June 2018 (Wednesday) at the College Conference hall.

Members Present:

Mr.Koshy Mathew Special Invitee Mr.Paulson Thomas Special Invitee

Dr. George Abraham Principal & Chairman, BOS

Dr. Praveena Lionel Pediatrician

Dr. S. Thirumalai Kumar University Nominee
Dr. Shahin Ahamed University Nominee

Mr.T.N.Santhosh Kumar Auditor

Mr.Kathiresan Auditor Special Invitee

Dr.K.Jothi Associate Prof

Dr.S.Johnson Premkumar Asst.Prof Dr.J.Jackson Sutharsingh Asst.Prof Dr.Glory Darling Margaret Asst.Prof Dr.S.Abraham Davidson Asst.Prof

Agenda No:1

The meeting commenced with a word of prayer by Dr. S.Johnson Premkumar, Asst.Prof, YMCA College of Physical Education

Agenda No:2

Principal welcomed the Correspondent & Secretary, Administrative officer, all the special invitees, university nominees and the faculty members of YMCA College of Physical Education

Agenda No: 3

Apology for the absence received from Dr. R.Ramakrishnan, Professor, Department of Advanced Sports Training & Technology, TNPESU, Chennai-127

Agenda No:4

The below mentioned revision & modification in the syllabus for the academic year 2018-19 was approved.

Agenda No: 4A

It was suggested to change the following in the M.P.Ed. course of study

MCC 302 CURRICULUM DESIGN IN PHYSICAL EDUCATION

Present content	Changes Required		
<u>UNIT- I</u> Introduction to Curriculum	Introduction to Curriculum and Curriculum		
	Design		
Subject centered, learned centered and community centered is repeated	need to be deleted		
	1. include		
Instead of theories of curriculum development	Old and modern concept of curriculum		
	Patterns of curriculum to be included		
	Meaning, definition of Curriculum Design -		
	basic principles for planning Curriculum		
	design		
UNIT- II- Basic Principles of curriculum	delete sources of Curriculum in topic as well		
Development Sources of curriculam	as sources of curriculum materials (modified		
,	a separate Unit V as Curriculum Sources)		
Unit- III Integration of Physical Education	To be changed as Unit- IV		
with other Faculties			
Unit- V Curriculum Sources	To be changed as Unit- III		
Unit- IV Curriculum Appraisal or Evaluation	To be changed as Unit- V		
	<u>Include</u> - Characteristics, Types and		
	importance of Evaluation in curriculum		

In semester IV M.P.Ed, to equip the students for competitive and professional exams the following paper can be included as core paper

MCC- 403 PROFESSIONAL PREPARATION FOR NET/ SET / TRB/ TNPSC can be included as a core paper, for which it was decided each semester three elective papers.

Semester - I

MEC 104 - Adapted Physical Education

MEC 105- Sports Management

MEC 106 - Sports Technology

Semester - II

MEC 204 - Value Education

MEC 205 - Environmental Science

MEC 206 - Sports Nutrition & Health Promotion

Semester - III

MEC 304 - ICT in Physical Education

MEC 305 - Sports Engineering

Semester - IV

MCC 404- as Dissertation

Agenda No:4B

As per the decision by the Subject Experts, it was suggested to change the following in the B.P.Ed Course of study

BCC – 303 Educational Psychology and Sociology all the units are merged with BCC 101.
 The title of the subject is changed to Principles & Foundation of Physical Education,
 Educational Psychology and Sociology.

BCC 101

Principles, Foundations of Physical Education, Education Psychology and Sociology

Unit: I Introduction and Foundation of Physical Education

Meaning – definition- scope- aims & objectives of phy edn-Importance of phy edn in present erarelationship of phy edn with general education – phy edn as an art & science- philosophical foundation – idealism – pragmatism – naturalism – realism – humanism- existentialism.

Unit: II Principles of Physical Education

Biological – Growth & development – age & gender – characteristics – body types- anthropometric differences. Psychological – Attitude – interest – cognition & sentiments. Sociological – Social Integration & Cohesiveness.- Leadership.

Unit: III Educational Psychology

Meaning – Importance and scope of psychology & educational psychology- Various stages of Growth and development-types and nature of individual differences - theories of learning – laws of learning – learning curve, types of learning curve – transfer of learning. Meaning & Nature of motivation & aggression - Motivation & its impact on sports performance. Meaning & nature of anxiety & stress, Types of anxiety & stress, Effect of anxiety & stress on sports performance.

Unit: IV Sports Psychology

Meaning, Importance and Scope of Sports Psychology- General Characteristics & Various stages of Growth and development-types and nature of individual differences in Sports- factors affecting the sports performance – heredity and environment – Psycho – sociological aspects of Human behavior in relation to physical education and sports.

Unit: V Sociology

Orthodoxy, customs, tradition & phy edn. – Socialization through phy edn – importance of culture and effect of culture on life style.

- 1. The title of the subject BCC- 201 History of Physical Education, Recreation and Camping has been proposed to change as History of Physical Education, Recreation, Camping and Guidance & Counseling.
- Unit: IV Recreation and Camping as merged as one unit.
- Unit: V Guidance and Counseling.

Meaning, definition of Guidance and Counseling- Educational and Vocational guidance, Guidance for gifted, slow learners, the disadvantaged, under achievers, exceptional, juvenile developments,

differentially abled-types of counseling-crisis, school, individual, peer and small group, role of counselor and the teacher in counseling.

3. In BCC- 203 Principles and Techniques of Officiating Coaching Part –I(Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carom, Tennis, Basketball, Volleyball, Football, Throw ball, Track events and Jump Events.) (Page No: 20) Games are transferred to III Sem BCC-303 (Page No: 24) & Track & Jump events are transferred to BCC 203 and BCC-403 [Page No: 29] throw events also included in BCC – 203.(Page No: 20)

BCC -203

Principles and Techniques of Officiating and Coaching - Part -I

UNIT-I

Qualification and qualities of an official-philosophy of officiating – general principles of officiating – Pre, During & Post duties of official – Mechanism of officiating – Official signals and powers – system of officiating – position of officiating.

UNIT-II

Dimension & Layout of track events - Rules & Regulations - Track event Measurement and Specification of Equipments -Track & Field- layout of track, sprint, hurdle, middle, long distance and relay events.

UNIT-III

Dimension & Layout of Jump events - rules and regulations - measurements and specification of equipments- track & field - layout of long jump, high jump and polevault.

UNIT-IV

Dimension & Layout of throw events - rules and regulations - measurements and specification of equipments- track & field - layout of shot-put, discus, javelin & hammer throw.

UNIT-V

Skills & Techniques, Drills & Lead up Activities to develop various techniques in track and field events.

- BCC 303 is vacant, for which that new paper is included as Principles and Techniques of
 Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carom,
 Tennis, Basketball, Volleyball, Football, Throwball.] Following the previous syllabus.
- BCC 403 Principles and Techniques of Officiating Coaching Part -II Change as Part III
 BCC 401 Test & Measurement in Physical Education Unit III- Page No: 27
 - a. National Physical Fitness Test, U. S. Army Physical Fitness Test are Deleted.
 - Barrow Motor Ability Test, Johnson Test of Motor Educability, Cozen Test of general Athletic Ability Test, SDAT Battery Test are to be included.

BPC-406 Practical

The following activities are included in the BPC 406 - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activity 25 marks. [Total: 100+100=200]

BCC 101 - Principles & Foundation of Physical Education, Educational psychology and sociology.

BCC 203- Principles and Techniques of officiating and coaching [Track & Field] - Part -I

It was suggested that the subcommittee should be formed to review the track & field syllabus.

BCC 303 - Principles and Techniques of Officiating Coaching Part –II [Badminton, Ball Badminton, Softball, Table Tennis, Chess, Carom, Tennis, Basketball, Volleyball, Football, Throwball.] Following the previous syllabus

BCC - 403 Principles and Techniques of Officiating Coaching Part -II Change as Part III

Practical

The following activities are included in the **BPC 406** - Track & Field Marking – Play field marking – Training methods – Test & Measurements. Each Activity 25 marks. [Total: 100+100 = 200]

Agenda No:4C

The committee approved the following changes in the BPES course of study

Semester I

Paper II

English -1

Page No: 21

Unit IV

- c. Translation (Deleted)
- c. Auxiliary Verbs (Added)

Unit V

(Added)

- a. The Hymn of Creation-poetry
- b. The Living God- Poetry
- c. Character Building Prose

(Deleted)

- a. Cabuliwallah- Rabindranath Tagore
- b. The Last Leaf- O. Henry
- c. Upper Division Love Manohar Malgonkar

Semester II

Paper VI

English - II

Page No: 29

Unit II

- b. Translation- Idioms and Phrases (Deleted)
- b. Idioms and Phrase (Added)

Unit -IV and Unit- V (Deleted)

Unit IV Grammar (Added)

a. Kinds of Sentence

b. Reported Speech

Unit V Prose (Added)

a. What I Cherish Most - Prose

b. On forgetting - Prose

Semester II

<u>Paper VII</u> Anatomy and Physiology

Page No: 30

Unit 1

(Added)

Descriptive Terms Used to describe the Human body and movements.

Semester III

Paper X Unit II

English – III

b. Translation- Sentences - Tamil to English (Deleted)

b. Voice and Tenses (Added)

Unit -IV and Unit- V (Deleted)

Unit IV

Grammar (Added)

a. Degrees of Comparison

b. Articles

Unit V

Essays (Added)

a. Happy life

- Prose

b. Laugh and Be Merry - Poetry

Semester III

Paper XI Health and safety Education Unit- III- (Added)

Page No:38

Non-Communicable Diseases

- Hyper tension
- Obesity
- Myocardial
- Diabetes

Semester IV

<u>PaperXIV</u> English – IV Unit –IV and Unit- V (Deleted)

Unit IV

Grammar(Added)

- a. Direct and Indirect Speech
- b. Active and Passive Voice

Extensive Reader(Added)

a. R.K. Narayanb. Jagadish Chandra Bose

c. Dr. S. Radhakrishnan

Semester V

Science of Yoga (Page No: 49) Paper XVII

Unit 1

(Added)

Patanjali yoga sutra and Thirumoolar Thirumandiram

Unit V

(Added)

Methods of yogic practices

Prayer- Asana - Prandyara- kriyas - Meditation - closing prayer

Semester V

Paper XIX Unit III

Kinesiology and Biomechanics (Page No:51)

(Added)

Axes and Planes

Part V.

Extension Activities/ Village Placement Programme (Page No: 15)

VPP to be shifted from III yr to II yr in fourth semester.

It was suggested to remove cardio vascular diseases, cardio respiratory diseases and to add hyper tension and arteriosclerosis along with diabetics

Agenda No: 4D

It was suggested to add the PG Diploma in Track & Field along with existing approved evening college courses.

The controller of TNPESU Dr. Arumugam suggested changing the existing nomenclature by not using the term training and coaching. Thus it was suggested to make it as PG diploma in Track & Field/ Cricket/Swimming/Tennis. Also he suggested sending the change of nomenclature to university.

- It was suggested that D.P.Ed course of study may be continued up by Government of Tamil Nadu
- It was disapproved by the committee member to bring lateral entry system in the second year of BPES course of study. This being the professional teacher training course.

PG Diploma in various games & sports

It was suggested to frame a sub-committee along with principal to discuss on nomenclature of the PG Diploma Course.

Track & Field syllabus was approved.

POST GRADUATE DIPLOMA COURSE IN SPORTS COACHING - TRACK & FIELD

Theory:

PSCC3

Techniques in Track & Field Events

Practical:

PSPR6

Coaching Lesson Track & Field Events.

PSPR7

Officiating Track & Field Events

Project:

PSPR8

Project (The students should learn to participate, officiate & organize different athletic competition held during a course of

study. A Project report should be submitted by each student at

the end of the academic year)

UNIT-1

Origin and development of Federation, Associations, Sports Councils in India and World

Unit-II Construction of Track

Types of Track and Types of Surfaces- Plan of Track and field with all measurements and markings

UNIT - III Marking & Measurements of Field Events

Plan of Jumping & Throwing events with all measurements and markings.

UNIT- IV Spirit, Middle, Long and Combined Events

Rules, interpretations and techniques and teaching method for Sprint Events, middle distance events, long distance events, Marathon, combined events and race walking

UNIT-V- Throwing Events

Rules, interpretations and techniques and teaching method for Throwing Events

UNIT-VI- Jumping Events

Rules and interpretations & Techniques of Jumping Events

UNIT-VII- Mechanism of officiating

Duties of officials – Mechanism of officiating in Running, Jumping, and Throwing combined and Race walking events.

UNIT- VIII Evaluation

Drills & Lead up activities – Evaluation of Athletic performance.

Agenda: 5 Examination Reforms

Examination Reforms 2018-19 was approved and list of examiners and paper setters was brought and approved by the committee members.

A) It has been suggested to have Internal and External question paper Setters for the Semester and Arrear Examinations.

- B) The Question Paper Setters must have minimum of 5 Years of experience in teaching.
- C) Three sets of question papers will be collected instead of two set of question papers from Examiners.

Odd semester results of all courses were published on 20.12.2017 and were uploaded in the website of the college. The percentage of pass is given below:

NOVEMBER - 2017

SL.NO.	CLASS	STUDENTS	STUDENTS	NO. OF	%
		STRENGTH	APPEARED	PASS	
1	M.P.E.D II	06	6	6	100
2	M.P.E.D I	47	41	39	95
3	B.P.ED. II	92	76	70	92
4	B.P.ED. I	95	91	85	93
5	B.M.S.	2	2	2	100
6	B.P.E.S.	58	50	16	32
7	M.Sc. II	4	4	4	100
8	M.Sc. I	6	2	2	100

Even semester results of all courses were published on - 30.04.2018 and were uploaded in the website of the college. The percentage of pass is given below:

APRIL - 2018

SL.NO.	CLASS	STUDENTS	STUDENTS	NO. OF	%
		STRENGTH	APPEARED	PASS	
1	M.P.E.D II	06	6	6	100
2	M.P.E.D I	47	34	34	100
3	B.P.ED. II	92	90	90	100
4	B.P.ED. I	94	89	85	95
5	B.M.S.	2	2	2	100
6	B.P.E.S.	58	23	13	56
7	M.Sc. II	4	4	4	100
8	M.Sc. I	6	2	2	100
9	PGDSC	4	4	4	100

o The ODD and Even semester results are approved

Agenda: 6 IQAC

Present IQAC coordinator requested for change of Coordinator and proposed Dr. Johnson Premkumar for new IQAC coordinator

Agenda: 7 Scholarship

The existing Buck Scholarship which used to be awarded to 16 students with Rs.5000/- was suggested to be increased to 20 students and budget has been raised from Rs.80000/- to Rs.100000/-

based on students discipline, their participation, financial background & overall performance with the discretion of the Principal.

It was suggested by the auditor that to meet the financial commitment of this scholarship, a committee should be framed and then corpus has to be fixed and then create long term fixed deposit and incur the expenses from the interest accrued. For the current financial year it has to be met.

Agenda: 8 Cash Awards for Sports Achievers

- The management has proposed to offer the following Scholarship to the outstanding sports persons;
- The students who are participating All India Inter University/ National Competitions –
- Inter University participation Rs. 1000/- each student

All India Inter University and National Competition position

o I Positron: Rs. 30000/-

o II Position: Rs.20000/-

o III Position: Rs.10000/-

Representing Country by approved associations and federation: Rs. 30000/-NET/ SET Qualifying students during course of study: Rs5000/-

Agenda: 9 Fees Concession and Waive for Students.

- > Those who are getting gold medal at national level would get 100% mess fees wave.
- > Silver or Bronze medalist would get 50% mess fees wave.
- > Sports quota admission at UG & PG level would be practiced and they would also be availing the scholarship
- ➤ All those medal winners should have participated in the recognized association at Junior or Senior level

Any other Business.

- The convener Dr. Johnson Premkumar of BOS proposed vote of thanks and the meeting came to an end by offering word of prayer by Dr. Glory Darling Margret
- > Dr. Shahin Ahamed spoke very high about the forum and said she is motivated by the major discussion that is been made.
- ➤ Dr.Praveena Suggested to encourage student to have Inter disciplinary research, go for base line ECG and Vaccination certification for Hepatics A-B-C.
- Principal Spoke about the Ethical Committee to be frame based on the guide line given by ICMR.
- > Other members also appreciated the progress of the college.

Vote of Thanks By Dr.K.Jothi, the convener of Academic Council.

Closing prayer by Dr.S.Abraham Davidson.

Dr. K.Jothi Convener.AC

Dr.George Abraham Principal& Chairman AC